



Karen Crane, PsyD

704-458-8188

www.drkarenkrane.com

karen@drkarenkrane.com

Services: Psychological Evaluation; Individual Therapy for teens and adults

Specialties: ADHD • Anxiety • Depression • Parenting Stress • Relationship Issues • Women's Issues • Psychological Evaluation for ADHD, Gifted, Learning Disability, and Personality/Diagnostic Clarification

Treatment Orientation: Cognitive Behavioral Therapy (CBT) • Dialectical Behavioral Therapy • Couples Counseling

Insurance: Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • North Carolina State Health Plan (CPP-provider) Accepts Out Of Network Benefits



Amy Johnson, PhD

704-222-1150

dramyfjohnson@gmail.com

Services: Assessment and Psychological Testing for Individuals Ages 4-64

Specialties: Assessment and Evaluation for Academically Gifted • Learning Disability • ADHD-Child/Adolescent • Career Testing • Parental Competency Evaluations • Diagnostic Clarification • Forensic • Personality Assessment

Treatment Orientation: Cognitive Behavioral Therapy (CBT)

Insurance: Aetna • Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • Cigna • Medicaid • North Carolina State Health Plan (CPP-provider) • Accepts Out Of Network Benefits

Office Space Available

Full Time office space: Office is 134 sq ft.

Includes:

- Shared reception service 20 hours a week
- Scheduling appointments (initial, follow-up, maintaining waiting list, fill cancellations, remind patients of no-show fees)
- Collection of fees (at time of service and past due accounts)
- Insurance verification and follow-up
- Meet & greet patients
- Marketing to callers - referrals when appropriate
- Internet, fax, phone
- Water & shredding service
- Designated Emergency number with local Mental Health Emergency room

TeleHealth Services

Most of the Providers offer Telehealth Services when necessary or appropriate. Telehealth is covered by most insurance companies during the COVID-19 crisis and may be covered beyond, check with your insurance for more information.

PSYPACT: Out of State Services

Dr's Combs, Peck, Patterson, Savoy, and Smolin, are able to see clients who are in states covered by Psychology Interjurisdictional Compact (PSYPACT). PSYPACT states are those U.S. states, districts, and territories that have joined an interstate compact designed to facilitate the practice of telepsychology across state boundaries. As of 4/1/2023 there are 35 states participating, and an additional 8 in process. For an updated list of states in which PSYPACT states <https://psypact.org/mpage/psypactmap>

ARE YOU LOOKING FOR A PSYCHOLOGIST OR THERAPIST?

Amy Combs, PsyD

Karen Crane, PsyD

Amy Johnson, PhD

Nona Patterson, PhD

Kristina Peck, PsyD

Nadine Rosen, LCMHC

Holly Savoy, PhD

Ann Smolin, PhD

The mental health professionals listed in this brochure share an office suite and are independent in their practices. They each have their own specialty areas, office hours, policies, and keep their records separate.

To schedule an appointment or obtain additional information, please call the mental health professional using the phone number listed under his or her name.

**Located in the South Park Area
5970 Fairview Road, Ste. 412
Charlotte, NC 28210**



Nona Patterson, PhD

704-366-3400

drnonapatterson.com
Drnlpatterson@mac.com

Services: Individual Therapy for Individuals Ages 18 and up

Specialties: Anxiety • Depression • Divorce/Separation • Grief and Loss • Insomnia CBT-I • Life Transitions • Relationship Issues • Stress Related Conditions • Women's Issues • Work – Life Balance

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Cognitive Behavioral Therapy (CBT) • Compassion Focused

Insurance: Aetna • Aetna Advantage • Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • North Carolina State Health Plan (CPP-provider) • Medicare • Accepts Out Of Network Benefits



Amy Combs, Psy.D.

704-817-7643

dramycombs.com
ac@dramycombs.com

Services: Individual, Couples, Family, and Group Therapy for Adults and Older Adolescents

Specialties: Anxiety • Depression • Mood Disorders • Disordered Eating • Relational and Family of Origin Issues • Work-Life Balance • Stress and Burnout • Life Transitions • Grief and Loss

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Mindfulness Based • Cognitive Behavioral Therapy (CBT) • Eclectic • Family Systems Theory

Insurance: Accepts Out Of Network Benefits



Holly Bielstein Savoy, Ph.D.

704-362-4041

drhollysavoy.com
drhollysavoy@gmail.com

Services: Individual, Couples and Group Therapy for Individuals Ages 15-64

Specialties: Transgender and Gender Non-binary • Gay/Lesbian/Bisexual Issues • Anxiety • Depression • Disordered Eating • Trauma

Treatment Orientation: Cognitive Behavioral Therapy (CBT) • Acceptance and Commitment Therapy (ACT) • Integrative Psychotherapy • Interpersonal • Mindfulness

Insurance: Aetna • Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • CBHA Cigna • North Carolina State Health Plan (CPP-provider) • Accepts Out Of Network Benefits



Ann Smolin, Ph.D.

980-430-3896

annsmolin.com

Services: Individual Therapy for Adults 18 and Older

Specialties: Anxiety • Depression • Adjustment Issues • Family of Origin Issues • Relationship Issues • Severe and Persistent Mental Illness (Schizophrenia and Bipolar Disorders) • Life Transitions

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Mindfulness Based Eclectic

Insurance: Beacon Health Options • Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • CBHA • Humana Medicare • Medicare • North Carolina State Health Plan (CPP-provider) • Accepts Out Of Network Benefits



Kristina Peck, Psy.D.

704-365-1844

drkristinapeck.com
kp@drkristinapeck.com

Services: Individual Therapy for Ages 18-64, Mindful Moms Group

Specialties: ADHD • Anxiety • Body Image Disturbance • Depression • Life Transitions • Parenting Issues • Relationship Issues • Stress Related Conditions • Weight Management/Obesity • Women's Issues • Work – Life Balance Issues

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Cognitive Behavioral Therapy (CBT) • Compassion Focused • Mindfulness Based

Insurance: Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • North Carolina State Health Plan • Accepts Out Of Network



Nadine Rosen, LCMHC

704-280-9458

nadinerosentherapy.com
rosentherapy@gmail.com

Services: Individual, Couples, and Group Therapy for Ages 16-64

Specialties: ADHD • Affective Disorder • Anxiety • Bipolar Disorder • Depression • Grief and Loss • Insomnia CBT-I • Life Transitions • Relationship Issues • Self – Injury • Trauma/PTSD

Treatment Orientation: Adlerian • Cognitive Behavioral Therapy (CBT) • Hypnotherapy • Mindfulness Based • Acceptance and Commitment Therapy (ACT)

Insurance: Blue Cross/Blue Shield (Advantage, Options, Care, Home, Classic) • North Carolina State Health Plan (CPP-provider) • United Healthcare • Accepts Out Of Network Benefits