



**Karen
Crane, PsyD**

704-458-8188

www.drkarenocrane.com

karen@drkarenocrane.com

Services: Psychological Evaluation; Individual Therapy for teens and adults

Specialties: ADHD • Anxiety • Depression Parenting Stress • Relationship Issues • Women's Issues • Psychological Evaluation for ADHD, Gifted, Learning Disability, and Personality/Diagnostic Clarification

Treatment Orientation: Cognitive Behavioral Therapy (CBT) • Dialectical Behavioral Therapy

Insurance: Blue Cross/Blue Shield (Advantage, Options, Care, Home with Novant, Classic) • Self-pay/Files Out Of Network Benefits



**Amy
Johnson, PhD**

704-222-1150

amy@amyjohnsonphd.com

Services: Assessment and Psychological Testing for Individuals Ages 4-64

Specialties: Assessment and Evaluation for Academically Gifted • Learning Disability • ADHD-Child/Adolescent • Parental Competency Evaluations • Diagnostic Clarification • Forensic Personality Assessment

Treatment Orientation: Cognitive Behavioral Therapy (CBT)

Insurance: Aetna • Aetna NC Carolina State Health Plan • Blue Cross/Blue Shield (Advantage, Options, Care, Home with Novant, Classic) Medicaid • United Healthcare



Access to Care Across State Lines

PSYPACT® makes it easier for individuals to receive psychological care, even when moving, traveling, or living in another participating state. With over **43 participating states**, PSYPACT expands access to licensed psychologists who are approved to practice telepsychology across state lines. For a list of participating states, visit: www.psypact.org/psypactmap. The psychologists listed below hold an active **Authority to Practice Interjurisdictional Telepsychology (APIT)** granted by the PSYPACT Commission.

Amy Combs, PsyD
Nona Patterson, PhD
Kristina Peck, PsyD
Holly Savoy, PhD
Ann Smolin, PhD

Crisis Numbers

Atrium Behavioral Health
24-Hour Call Center (704) 444-2400

LGBT National Help Center
(888) 843-4564

National Suicide Prevention Lifeline
(800) 273-8255
Text START to 741-741

Mecklenburg & Cabarrus Counties
24-Hour Call Line & Mobile Crisis Services
(800) 939-5911

Safe Alliance
Domestic Violence Crisis Line:
(704) 332-2513
Rape Crisis Line: (704) 332-2513

ARE YOU LOOKING FOR A PSYCHOLOGIST OR THERAPIST?

Amy Combs, PsyD
Karen Crane, PsyD
Amy Johnson, PhD
Nona Patterson, PhD
Kristina Peck, PsyD
Nadine Rosen, LCMHC
Holly Savoy, PhD
Ann Smolin, PhD

The mental health professionals listed in this brochure share an office suite and are independent in their practices. They each have their own specialty areas, office hours, policies, and keep their records separate.

To schedule an appointment or obtain additional information, please call the mental health professional using the phone number listed under their name.

Located in the South Park Area
5970 Fairview Road, Ste. 412
Charlotte, NC 28210



**Nona
Patterson, PhD**

704-366-3400

drnonapatterson.com
Drnlpatterson@mac.com

Services: Individual Therapy for Individuals Ages 18 and up

Specialties: Anxiety • Depression • Divorce/ Separation • Grief and Loss • Insomnia CBT-I • Life Transitions • Relationship Issues • Stress Related Conditions • Women's Issues • Work – Life Balance

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Cognitive Behavioral Therapy (CBT) • Compassion Focused

Insurance: Aetna • Aetna Advantage • Aetna NC Carolina State Health Plan • Blue Cross/Blue Shield (Advantage, Options, Care, Home with Novant, Classic) • Medicare
Self-pay/Files Out Of Network Benefits



**Amy
Combs, Psy.D.**

704-817-7643

dramycombs.com
ac@dramycombs.com

Services: Individual, Couples, Family, and Group Therapy for Adults and Older Adolescents, Ketamine Assisted Psychotherapy

Specialties: Anxiety • Depression • Mood Disorders • Disordered Eating • Relational and Family of Origin Issues • Work-Life Balance • Stress and Burnout • Life Transitions • Grief and Loss

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Mindfulness Based Cognitive Behavioral Therapy (CBT) • Eclectic Family Systems Theory

Insurance: Self-pay/Files Out Of Network Benefits



**Holly Bielstein
Savoy, Ph.D.**

704-362-4041

drhollysavoy.com
drhollysavoy@gmail.com

Services: Individual, Couples and Group Therapy for Individuals Ages 15-64

Specialties: Transgender and Gender Non-binary Gay/Lesbian/Bisexual Issues • Anxiety • Depression Disordered Eating • Trauma

Treatment Orientation: Cognitive Behavioral Therapy (CBT) • Acceptance and Commitment Therapy (ACT) • Integrative Psychotherapy Mindfulness Based

Insurance: Aetna • Aetna NC Carolina State Health Plan • Blue Cross/Blue Shield (Advantage, Options, Care, Home with Novant, Classic) • Cigna
Self-pay/Files Out Of Network Benefits



**Ann
Smolin, Ph.D.**

980-430-3896

annsmolin.com

Services: Individual Therapy for Adults 18 and Older

Specialties: Anxiety • Depression • Adjustment Issues • Family of Origin Issues • Relationship Issues Severe and Persistent Mental Illness (Schizophrenia and Bipolar Disorders) • Life Transitions

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Mindfulness Based Eclectic

Insurance: Aetna • Blue Cross/Blue Shield (Advantage, Options, Care, Home with Novant, Classic) • Humana Medicare • Medicare • Self-pay/Files Out Of Network Benefits



**Kristina
Peck, Psy.D.**

704-365-1844

drkristinapeck.com
kp@drkristinapeck.com

Services: Individual Therapy for Ages 18-64, Mindful Moms Group, Ketamine Assisted Psychotherapy

Specialties: ADHD • Anxiety • Body Image Disturbance • Burn Out • Depression • Life Transitions • Parenting Issues • Relationship Issues Stress Related Conditions • Weight Management/ Obesity • Women's Issues • Work – Life Balance Issues

Treatment Orientation: Acceptance and Commitment Therapy (ACT) • Compassion Focused Mindfulness Based Cognitive Behavioral Therapy (CBT)

Insurance: Self-pay/Files Out Of Network Benefits



**Nadine
Rosen, LCMHC**

704-280-9458

nadinerosentherapy.com
rosentherapy@gmail.com

Services: Individual, Couples, and Group Therapy for Ages 16-64

Specialties: ADHD • Affective Disorder • Anxiety Bipolar Disorder • Depression • Grief and Loss Insomnia CBT-I • Life Transitions • Relationship Issues • Self – Injury • Trauma/PTSD

Treatment Orientation: Adlerian • Cognitive Behavioral Therapy(CBT) • EMDR • Hypnotherapy Mindfulness Based • Acceptance and Commitment Therapy (ACT)

Insurance: Aetna • Aetna NC Carolina State Health Plan • Blue Cross/Blue Shield (Advantage, Options, Care, Home with Novant, Classic)
Self-pay/Files Out Of Network Benefits